VUSN Diversity in Action
Cultural Diversity Calendar of Events

February 2018

The Office of Diversity and Inclusion - Diversity in Action at VUSN is updated monthly. The page features a rolling collection of all advertised University, School of Nursing and local cultural events along with national and international nursing conferences having a diversity and inclusion emphasis. In addition, there is a list of current ethnic-minority nursing organizations as well as other nursing organizations, whose focus is on culture, diversity and inclusion as relates to nursing education, practice and research. Explore the monthly announcements and find out what’s going on in the area of diversity and nursing. Enjoy.

Vanderbilt School of Nursing – Office of Cultural Diversity
Jana.lauderdale@vanderbilt.edu or pam.harrison@vanderbilt.edu
Vanderbilt disability rights activist named to ‘Emerging Scholars’ list

Anjali Forber-Pratt, assistant professor of human and organizational development at Vanderbilt’s Peabody College of education and human development, is among 15 minority scholars selected after a lengthy nomination process. This is the 17th year for the special issue.

Forber-Pratt is a disability rights advocate and an elite wheelchair racer. She earned two bronze medals after participating in the 2008 Paralympic Games in Beijing, China, and the 2012 Paralympic Games in London. She is the 2011 World Champion in the 200m.

“Anjali Forber-Pratt is a promising scholar of positive identity development, especially through sports, who demonstrates a deep commitment to empowering people with disabilities,” said Camilla P. Benbow, Rodes and Patricia Hart Dean of Education and Human Development at Peabody. “She is also a terrific role model. We are delighted to see her honored.”

Anjali Forber-Pratt is an academic expert who can comment on disability identity development, perceptions of inclusion and disability, victimization experiences in schools, ableism, disability research, and her experience as a Paralympian, scholar and athlete. She has served as a consultant on disability rights and policies for the Obama administration, the U.S. Department of Education, the U.S. Chamber of Commerce and the U.S. Office of Personnel Management. She is the author of All About Sports for Athletes With Physical Disabilities and has published more than 25 academic articles in prominent journals.

- Follow Anjali Forber-Pratt on Twitter.
- Visit Anjali Forber-Pratt’s website.
- Learn about Anjali Forber-Pratt’s research with the Christopher Reeve Foundation.
- Read about Anjali Forber-Pratt’s upcoming trip to South Korea to speak on the Paralympic movement.
Dean’s Diversity Lecture Series: Schools for the Soul

Thursday, February 01, 2018, 4:00 PM

Location: Wyatt Center • 1930 South Dr • Nashville, TN 37212
Room: Rotunda
Contact: Monique Robinson-Nichols
Email: monique.robinson-nichols@vanderbilt.edu
Audience: Free and Open to the Public

Schools for the Soul: Bringing Healing to Our Children’s Learning
Speaker: Dr. Monique W. Morris, Author

In school districts across the country, children are struggling to realize their true identities as scholars, while many of these same students are being pushed out of schools, into participation in underground economies, and into contact with the juvenile and criminal legal systems. In this lecture, Dr. Morris will share relevant data and narratives to discuss how participatory research with Black and Latina girls on school pushout can inform how schools may become locations for student healing and development across the spectrums of race, ethnicity, sexuality and ability. RSVP to the Dean’s Diversity Lecture Series.
Black History Month Soiree

Each year, this event kicks off our Black History Month festivities. The Soirée showcases performances from student groups as well as individual readings about the African American Diaspora from faculty members, students and staff. Historically, we have hosted a four-hour event in which one could come and share their favorite readings. We have since grown this event to incorporate dance and song, which are other commons ways our community wishes to show their feelings about Black History and the experiences of African Americans.

Thursday, February 4, 2010 in Student Life Center Ballroom C from 3-6pm

For more information on the programs contact:
Traci R. Ray, Director of Residential Education t.ray@vanderbilt.edu
Nadine De La Rosa – Assistant Director, Residential Education nadine.delarosa@vanderbilt.edu

Nashville's calendar is filled with events celebrating Black History Month. From art exhibits to musical performances, Music City is honoring the contributions of African-Americans to our society. View the online African American Guide to Nashville at taagtn.net.

Besides just the month of February, Music City honors women and men throughout the year that have contributed not only to Nashville's history, but the country's history. From the Fisk Jubilee Singers to the Civil War through the Nashville sit-ins and the music of Jimi Hendrix, Little Richard, Ray Charles, Etta James, and so many others, the past has built the present and continues to form the future. It is all here and waiting to be discovered year round.
It is all here and waiting to be discovered year round. **Explore more of multicultural Nashville.**

See Events Here

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### Upcoming dates

**February 7th - Mental Health in the Black Community**
This month we will host a dinner discussion with Associate Professor, Dr. Derek Griffith (Medicine, Health & Society), Rev. Shantell Hinton (OUCRL) and JaNiene Peoples (CSW). RSVP is required, Space is limited! RSVP: [https://anchorlink.vanderbilt.edu/event/1670396](https://anchorlink.vanderbilt.edu/event/1670396)

**March 14th - Ableism Through the Years**
Join us as we host Dr. Forber-Pratt, a Paralympic ambassador and Assistant Professor from the Peabody College of Education. RSVP: [https://anchorlink.vanderbilt.edu/event/1671784](https://anchorlink.vanderbilt.edu/event/1671784)

**April 11th - Dismantling Rape Culture**
Join us as we host Cara Tuttle-Bell, Director of Project Safe Center and Lecturer for Women’s and Gender Studies as we explore the topic of “Dismantling Rape Culture” in honor of Sexual Assault Awareness Month. RSVP: [https://anchorlink.vanderbilt.edu/event/1670392](https://anchorlink.vanderbilt.edu/event/1670392)

All Let Your Anchor Down Dinners take place in Sarratt 325/327 and begin at 6:00pm.
End Of The Month Kickbacks

The End of the Month Kickback is an opportunity for members of the Vanderbilt community to mentally reset and recharge. Each month, IICC will seek to foster an environment that engages in healthy wellness and well-being initiatives and practices that are culturally relevant to the needs of multicultural, international, and underrepresented populations.

- Participants will build supportive relationships with peers and IICC staff
- Participants will identify the MCL as a place of community, comfort, and civility
- Participants will leave feeling refreshed and rejuvenated as a result of their engagement

**March 30th**  Transgender Day of Visibility with KCPC  
**April 24th**  All End of the Month Kickbacks

Sessions take place in the Multicultural Lounge (Sarratt 335) and begin at 11:30am.

Student of Color Affinity Group

Being a person of color in a predominately white environment is a complex and often stressful experience. The Student of Color (SoC) affinity group serves as a way to openly engage in dialogues around what it means to be a student of color on this campus. This group serves to increase the awareness of students to the fact that there are other individuals who share similar multicultural lived experiences. The SoC ultimately serves as a resource for students of color to come together weekly in order to enhance their success at VU.

**Multicultural Lounge Schedule:**  
February 19th, 12pm-1pm  
March 26th, 12pm-1pm
The Rhythm & Roots Performance Company (R&R) is an ensemble of talented students dedicated to exploring the use of performance art as an expression of social complexities and as a catalyst for social change. Founded in the fall of 1994, Rhythm & Roots creates its own powerful artistic works that celebrate struggle, transformation and survival. The group performs its own original choreography and drama pieces. R&R is an avenue for Vanderbilt students to use their theatrical and musical gifts. The Company combines the history, culture and spiritual traditions of African Americans and our African brothers and sisters with contemporary dance, music, and drama. Each voice, each musical note, each precise movement of the body represents the liberty and freedom that can only be truly expressed as art. The dance, music and energy of the students draw us closer to an understanding of the world and of ourselves.

We wish to inspire, uplift and provide hope to today’s youth by bringing people together through the use of the arts as a common bond.

For more information, contact Cindy Young @ 615-322-7077
Technology and Civil Liberties in the Trump Era

Jay Stanley
Senior Policy Analyst
Speech, Privacy, and Technology Project
American Civil Liberties Union

Commentators:
Sarah Igo
Director, Program in American Studies, Vanderbilt University

Hedy Weinberg
Executive Director, ACLU of Tennessee

Thursday, February 8, 2018
4:10 p.m., Butler 101

Sponsored by the Program in American Studies and the Robert Penn Warren Center for the Humanities at Vanderbilt University and the American Civil Liberties Union of Tennessee
Vanderbilt Program for LGBTI Health Announces Position

We're expanding! The Vanderbilt Program for LGBTI Health is seeking to hire a research analyst to its team. Among other duties, the successful candidate will coordinate research activities for a newly funded initiative to examine dental health outcomes in the LGBTQI community.

To view the position description and to apply, visit this link. Please forward to qualified individuals in your networks.

Community Advisory Board Applications Available

Lend your voice and expertise to the Vanderbilt Program for LGBTI Health's new Community Advisory Board.

We are seeking 12-15 individuals who can serve two-year appointments and help us ensure the highest level of patient care at Vanderbilt University Medical Center by providing guidance on clinical services, community outreach, patient experience, and policy. Board members must be able to meet quarterly and represent the program at special events throughout the year. We are looking for diverse candidates who represent the entire LGBTQI community.

To inquire about this opportunity and to receive application materials, please email Del Ray Zimmerman, Program Manager, at del.r.zimmerman@vanderbilt.edu.
Join Us for LGBT-Focused Employee Resource Groups

The Vanderbilt Program for LGBTI Health seeks to create two new employee resource groups for sexual and gender minority employees at Vanderbilt University Medical Center.

An employee resource group (ERG) is a voluntary, employee-led group that fosters a diverse, inclusive workplace aligned with organizational mission, values, goals, business practices and objectives.

One group will focus on LGBTQI employees, while the second one will focus specifically on transgender employees.

If you are interested in being a part of either group, please email Del Ray Zimmerman, Program Manager, at del.r.zimmerman@vanderbilt.edu. We'd love to have your voice as part of a committee that will shape these ERGs.

Summer 2018 Internship Application Materials Available

The Vanderbilt Program for LGBTI Health is hosting a limited number of students for 10-week, full-time internships from late May to early August 2018. Through this internship program, we hope to foster the personal and professional development of future leaders in LGBTI health and research.

For competitive consideration, applicants must:

- Be a current undergraduate, graduate, or post-doctoral student
- Have a committed interest in LGBTI health and research
Demonstrate this interest through previous work, research, volunteer, or other experience

For additional information and to download application instructions, click here. Also, be sure to check out this awesome video produced by our summer 2017 interns!

Please share this announcement with your networks to help with recruitment. For questions, email Del Ray Zimmerman, Program Manager, at del.r.zimmerman@vanderbilt.edu.

Linda Gordon, a professor at New York University and the author of The Second Coming of the KKK: The Ku Klux Klan of the 1920s and the American Political Tradition, will discuss the themes of her book Monday, Feb. 5, at The Martha Rivers Ingram Commons.

Her talk will begin at noon in The Commons Center Multipurpose Room. The event is the 10th annual Murray Lecture at Vanderbilt.

The annual lecture is named for Walter Murray, a Nashville native and Pearl High School graduate who was one of Vanderbilt’s first African American undergraduates. During his time at the university, Murray served as vice president of the Student Government Association and was a founder of the Afro-American Student Association, now known as the Black Student Association.

Murray later became the first African American to serve on Vanderbilt University’s Board of Trust after being elected a Young Alumni Trustee in April 1970. He served on the board until 1972. In 2007, in addition to establishing the memorial lecture, Vanderbilt named a residence hall at The Ingram Commons in honor of Murray, who died in 1998.

Prior to the lecture, lunch will be served beginning at 11:30 a.m.

Contact: Christina Robbins, (615) 875-9100
christina.bailey@vanderbilt.edu
A lecture related to little-known African American sports history will lead off a series of events celebrating African American History Month at the Central Library.

On Feb. 7, historian Scott Ellsworth will discuss his research uncovering a secret basketball game played between segregated teams during World War II. Ellsworth’s talk will begin at 4:10 p.m. in the Community Room.

Ellsworth is the author of The Secret Game: A Wartime Story of Courage, Change, and Basketball’s Lost Triumph. He teaches history at the University of Michigan and has written extensively on racial issues in American life in The New York Times and Smithsonian Magazine, among other publications. One of his areas of interest is teaching students oral history techniques.

After Ellsworth’s talk, there will be a question-and-answer session with Andrew Maraniss, author of Strong Inside: Perry Wallace and the Collision of Race and Sports in the South, followed by a reception.

The ongoing series of brown bag lunches hosted by the library resumes Feb. 15 when librarian Deborah Lilton will discuss rare collections from Vanderbilt’s IMPACT series. Historic documents from previous symposiums will be on display. Founded in 1964, IMPACT is one of the oldest university lecture programs of its caliber in the nation. Lilton serves as librarian for African American and Diaspora studies and English. Her presentation will be from noon to 1 p.m. in Sarratt 327. The brown bag series is co-sponsored by the Office of Inclusion Initiatives and Cultural Competence.

“The partnerships fostered with the Jean and Alexander Heard Libraries and campus partners within the Dean of Students have bridged the gap of history and learning for our future scholars, faculty and staff,” said Tyler Hodges, program coordinator for Inclusion Initiatives and Cultural Competence. “The special collections housed steps away from our student center are truly treasures for this community and are deserving of a platform as well as our attention. I can only hope that more events such as those upcoming bring a newfound level of awareness and engagement.”

On Feb. 28, Central Library will host a Wikipedia edit-a-thon on African American history and civil rights from 11 a.m. to 1 p.m. in Special Collections. No prior editing experience is required; experienced editors will teach participants how to edit. Lunch will be provided along with a short tour by Kathy Smith, associate university archivist, of the cases related to civil rights in the new exhibit “Distinctive Collections.”

All three programs are free and open to the public. For more information, email Mary Anne Caton.
The Margaret Cuninggim Women’s Center is seeking nominations for its annual awards that recognize and honor Vanderbilt community members for their contributions to the advancement of university women.

The deadline to submit nominations is Friday, Feb. 23. Winners will be recognized at the annual Cuninggim Lecture on March 21.

The Margaret Cuninggim Women’s Center Leadership Award is presented annually to an undergraduate or graduate student who demonstrates leadership in activities that contribute to the achievements, interests and goals of women or that promote gender equity. To nominate an individual, please fill out this form.

The Margaret Cuninggim Women’s Center’s Mentoring Award (Vanderbilt)

The Mentoring Award is presented annually to an individual of the Vanderbilt community who has helped to support women on campus through professional and intellectual development. To nominate an individual, please fill out this form.

The Mary Jane Werthan Award is presented annually to an individual who has contributed significantly to the advancement of women at Vanderbilt University. The award honors three qualities characteristic of its first recipient, for whom it is named: vision, persistence and extraordinary skill in interpersonal and institutional relations. The award recognizes the debt that women at Vanderbilt University owe to those individuals who have had the vision to see how things ought to be, the courage to persist in their hopes over time, and the skills necessary to bring new attitudes and practices into being. The Mary Jane Werthan Award offers tribute to the humor, intelligence and graceful determination of those individuals whose work has enhanced our entire community. To nominate an individual, please fill out this form.
The Work–Life Workshops for faculty, staff, and graduate students is a lecture-based lunch program that covers a blend of self-care and professional development topics such as navigating organizational politics, mindfulness and stress management, salary negotiation strategies, and more.

**WLW Schedule: Spring 2018**

All programs begin at noon and are held in Sarratt 216/220

Lunch will be provided at all programs.

**Thursday, March 1** - The Meaning of Money

**Tuesday, April 3** - Managing Conflict with Assertiveness

This program coordinated by the Margaret Cuninggim Women’s Center and sponsored by the Graduate School and the Vice Provost for Academic and Strategic Affairs offers Ph.D. students a chance to reflect on the ways that gender affects their experience as they begin their professional journey in the academy.

All programs begin at noon and are held in Buttrick 123

Lunch is provided.

**Tuesday, February 27** - Speak Up for Yourself: Self-Advocacy in the Academy

**Wednesday, March 28** - Wellness in the Academy: Finding a Healthy Balance While in Grad School

Questions? Please contact Rory Dicker at rory.dicker@vanderbilt.edu
Vanderbilt’s Center for Latin American Studies will host a public lecture featuring Haitian American author Edwidge Danticat on Feb. 8 at the John Seigenthaler Center at the First Amendment Center.

The event, titled “This Side of the Water: Haiti and Life in the United States,” will begin with a reception at 5:30 p.m., followed Danticat’s presentation at 6 p.m. and a question-and-answer session moderated by Assistant Professor of History Celso Castilho. Admission to the lecture is free, and seating is first come, first served.

“Vanderbilt’s commitment to Haiti has been strengthened with our recent offerings of Haitian Creole and the growing number of medical research and clinical trips there,” said Center of Latin American Studies Director and Cornelius Vanderbilt Professor of Anthropology Ted Fischer. “I can think of no better way to spotlight our Haitian initiatives than to welcome Edwidge Danticat, whose work captures both the tragedy and the hope that is Haitian history.”

Danticat is the 25th laureate of the renowned Neustadt International Prize for Literature, winner of the Andrew Carnegie Medal for Excellence in Fiction and a MacArthur Fellow, also known as the “genius grant.”

Born in Port-au-Prince, Haiti, Danticat immigrated to a Haitian American neighborhood in Brooklyn at age 12. Her disorientation in her new surroundings drew her to literature as an emotional outlet, and two years later she published her first writing in English in a citywide magazine. Her debut novel, “Breath, Eyes, Memory,” was an Oprah’s Book Club Selection, and her second book, the story collection “Krik? Krak!” made her the youngest-ever National Book Award nominee.

Danticat is considered a voice of both Haiti and the United States on topics of immigration and citizenship, and is a strong advocate for issues affecting Haitians abroad and at home. Her writings reflect a wide range of styles, including fiction, nonfiction and journalism, and have been translated into several different languages.

K-16 educators and teachers in training are encouraged to register for the Center for Latin American Studies’ professional development workshop on Feb. 8, “Exploring Haiti through the Works of Edwidge Danticat.” The workshop begins at 3:30 p.m. and includes Danticat’s reading and book signing at the First Amendment Center. Online registration is required.

View all Haiti Week events at the Center for Latin American Studies website.
“The Shop” is a unique opportunity for students of color to engage in dialogical exchange of wisdom with pastors, activists, professors, and elders from the greater Nashville community concerning the trending cultural topics that impact the lives of people of color. These conversations will focus on the intersections of Black spirituality, faith, and activism and will give students of color the opportunity to explore faith from different perspectives. In addition, “the Shop” will offer cultural meals from local restaurants owned by persons of color.

Each gathering at “the Shop” features a guest who is able to engage from a pre-selected topic in conjunction with a relevant, trending article from the news and/or social media. Topics will include (but are not limited to): intersections of gender, race, sexuality, spirituality, mental health, faith, activism, the role of the Black Church, and interfaith dialogue. These conversations will help guests and students engage in the constructive work of developing self-awareness and create meaningful dialogue as to how we live moral, ethical, and spiritual lives in the midst of various lived experiences as people of color.

February 21, 12:00pm, OUCRL Fireside Lounge
TBD
Self-Love, Spirituality, & Mental Health

March 21, 12:00pm, OUCRL Fireside Lounge
Dr. Herbert Marbury
Black Masculinity & Spirituality

April 18, 12:00pm, OUCRL Fireside Lounge
Judge Rachel Bell
Politics & Theology
Bridge Building

Speakers engage with students at the dinner table over the question
“How can we effectively build relationships that will influence the affairs of the
world in ways that are just, inclusive, and compassionate?”

February 27, 5:30pm, OUCRL
Trudy Hawkins Stringer, Assistant Professor of the Practice of Ministry, Vanderbilt Divinity School

March 27, 5:30pm, OUCRL
Dr. A.J. Levine, University Professor of New Testament and Jewish Studies, Vanderbilt Divinity School

Speaker: Spring 2018
Rev. Naomi Washington-Leapheart

Making Sacred, Where Spiritual Resistance and Activism Meet
Thursday, February 8, at 7 PM
Benton Chapel

Naomi Washington-Leapheart, a daughter of Detroit, is the Faith Work Director for the National LGBTQ Task Force, the country’s oldest national LGBTQ justice and equality group. She is also an adjunct faculty member in the Theology and Religious Studies department at Villanova University.
Vanderbilt University Medical Center has launched the Flexner Discovery Lecture Series featuring the world’s most eminent scientists, who will speak on the highest-impact research and policy issues in science and medicine today. See Upcoming Lectures
All lectures start at 4PM in 208 Light Hall.

Unconscious Bias Defined Here

Spring Workshop Schedule

Inclusive Excellence 101: Unconscious Bias — A New Look at an Old Dynamic!

Wed. April 4, 2018, 9 — 11 a.m.

Wed. May 16, 2018, 9 — 11 a.m.

Click here to register

Excellence 201: Everyday Bias

Wed., Feb. 21, 2018, 9 — 11 a.m.

Click here to register
Signature Trainings

Through 2-hour interactive sessions, the IICC Signature Trainings take participants on a journey of self-exploration, reflection, and dialogue focused on diversity and inclusion. Participants cultivate a deeper understanding of challenges such as the complex nature of identity, intercultural communication, and social justice allyship. Participants commit to sustained growth and learning in order to continue building communities of compassion and connectedness at Vanderbilt and beyond.

Additionally, IICC Customized Trainings are available to student organizations, campus partners, and other members of the Vanderbilt community by request. IICC staff members work with requestors to develop a training session mutually designed to meet the needs of ongoing diversity and inclusion efforts at Vanderbilt. Click here to submit a custom training request form.

Training 1.0: Exploring Cultural Competency

This session purposefully focuses on everyday human interactions across similar and different identities, privileges, cultures, and experiences. Through intentional dialogue and engaging activities, participants develop a shared vocabulary for intercultural communication and start the critical work of reflecting on identity. The session enables participants to recognize their existing strengths, individually and collectively, and to transform the spaces in which we live, work, and learn into more welcoming spaces for all.

Key concepts: cultural competence, microaggressions, inclusive language

February 27, 2018 | Sarratt 325/327 | 3:00pm-5:00pm

Register here for Training 1.0.

Training 2.0: Exploring Self in Society

This session dives deeper into the influences and implications of social identity group membership on an individual and societal level. Participants examine their own identities in relation to systems of power and privilege as well as the present-day impact of cultural and social phenomena in the context of identity. Through critical analysis, participants deepen their understanding of these systems and their individual role in working towards a more diverse and equitable society.

Key concepts: power and privilege, socialization, -isms

March 22, 2018 | Sarratt 325/327 | 3:00pm-5:00pm

Register here for Training 2.0
Training 3.0: Exploring Inclusive Leadership
This session leads participants through a critical analysis of existing problems of inequity and exclusion related to differences of identity. Participants reflect on their current leadership practices and engage in dialogue about how to proactively leverage their power and privilege to create a culture of universal belonging. The session energizes participants to work towards more holistic allyship and to confront behaviors that contradict Vanderbilt’s devotion to a diverse and welcoming learning environment for all.

Key concepts: inclusion, allyship, community
February 12, 2018 | Sarratt 325/327 | 10:00am-12:00pm
March 13, 2018 | Sarratt 325/327 | 3:00pm-5:00pm

Register here for Training 3.0

Specialty Training: Navigating Difficult Conversations
This session promotes awareness of self, group dynamics, and broader societal contexts when engaging in difficult conversations about issues related to diversity and inclusion. Participants share their concerns and challenges in having these conversations, strengthen their intercultural and interpersonal communication skills, and solidify their commitment to embracing difference in all forms. As a result, participants discover opportunities for additional learning and continued self-education towards increased cultural competency.

Key concepts: self-awareness, intent and impact, connecting across difference
February 21, 2018 | Sarratt 325/327 | 5:00pm-7:00pm
March 28, 2018 | Sarratt 325/327 | 10:00am-12:00pm

Register here for the Specialty Training.
Questions? Please contact Kristen Lemaster
### JANUARY
- **Host Responsibility Training**
  - Thursday, 1/18, 12:15-1pm
- **Study Skills & Time Management**
  - Monday, 1/22, 2-3pm
  - Tuesday, 1/23, 3-4pm
  - Wednesday, 1/24, 11am-12pm
  - Thursday, 1/25, 11am-12pm
- **February**
  - **Financial Stress & Wellbeing**
    - Tuesday, 2/6, 3-4pm
  - **Host Responsibility Training**
    - Wednesday, 2/7, 12:15-1pm
- **Resilience 101**
  - Tuesday, 2/20, 4-5pm

### MARCH
- **Host Responsibility Training**
  - Thursday, 3/1, 12:15-1pm
- **Intro to Mindfulness**
  - Tuesday, 3/6, 1-2pm
- **Test Prep**
  - Tuesday, 3/13, 10-11am
  - Wednesday, 3/14, 4-5pm
- **Saving & Budgeting**
  - Tuesday, 3/20, 3-4pm

### APRIL
- **Host Responsibility Training**
  - Wednesday, 4/11, 12:15-1pm
- **Test Prep**
  - Monday, 4/16, 1-2pm
  - Tuesday, 4/17, 1-2pm

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### Weekly Wellbeing Practices

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<tr>
<th>Day</th>
<th>Activity</th>
<th>Time</th>
<th>Location</th>
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<tr>
<td>Monday</td>
<td>Gentle Yoga</td>
<td>2:00-3:00 pm</td>
<td>Meditation Room</td>
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<td>Massage</td>
<td>3:30-5:30 pm</td>
<td>Meditation Room</td>
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<td>Tuesday</td>
<td>Recovery Support Meeting</td>
<td>12:00-1:00 pm</td>
<td>VRS Lounge</td>
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<td>Guided Meditation</td>
<td>2:15-2:45 pm</td>
<td>Meditation Room</td>
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<tr>
<td>Wednesday</td>
<td>Guided Meditation</td>
<td>9:15-9:45 am</td>
<td>Meditation Room</td>
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<td>VRS Friends &amp; Family Group</td>
<td>12:00-1:00 pm</td>
<td>Meditation Room</td>
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<td>Study Hall</td>
<td>1:00-3:00 pm</td>
<td>Classroom</td>
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<tr>
<td>Thursday</td>
<td>Guided Meditation</td>
<td>10:15-10:45 am</td>
<td>Meditation Room</td>
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<td></td>
<td>Silent Meditation</td>
<td>3:15-3:45 pm</td>
<td>Meditation Room</td>
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<td></td>
<td>Recovery Support Meeting</td>
<td>8:00-9:00 pm</td>
<td>Kissam Center</td>
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<tr>
<td>Friday</td>
<td>Silent Meditation</td>
<td>10:00-10:30 am</td>
<td>Meditation Room</td>
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Calendar of Observances February 2018

February Full Month - BLACK HISTORY MONTH • Celebrates Black History and African American culture in the United States.

February 1 - NATIONAL FREEDOM DAY • Commemorates the signing of the 13th Amendment, which abolished slavery in 1865.

February 13 - SHROVE TUESDAY • A day of penitence as well as the last chance to feast before Lent begins. Also known as Mardi Gras.

February 13 - MAHA SHIVARATRI • Hindu Also called Shiva Ratri, it is the Great Festival of Shiva.

February 14 - VALENTINE’S DAY • Celebrates the idea of romantic love.

February 14 - ASH WEDNESDAY • The first day of Lent for Western Christian churches, a 40-day period of spiritual preparation for Easter, not counting Sundays.

February 15 - SUSAN B. ANTHONY DAY • Birthday of Susan B. Anthony (1820–1906), a pioneer in the Women’s Rights Movement.

February 15 - NIRVANA DAY • Buddhist Celebrate the day when the historical Buddha achieved Parinirvana, or complete Nirvana, upon the death of his physical body.

February 16 - LUNAR NEW YEAR • On this day Chinese, Korean and Vietnamese New Year are celebrated.

February 19 - PRESIDENTS’ DAY • Honors all past presidents of the United States of America.

February 19 - CLEAN MONDAY • Eastern Christian The beginning of Great Lent for Eastern Christian churches, which starts 40 days before Orthodox Easter (Pascha), counting Sundays.

February 25 – March 1 - AYYÁM-I-HA OR INTERCALARY DAYS • Bahá’í The Ayyám-i-ha, or “Days of Ha” are devoted to spiritual preparation for the fast, celebrating, hospitality, charity and gift giving. They are celebrated the four days, five in leap year, before the last month of the Bahá’í year by inserting days into the calendar in order to maintain their solar calendar.
Out in Front LGBTQI and Ally Undergraduate Student Leadership Conference
Saturday, February 24, 2018
Sarratt/Rand Student Center

Southern LGBTQ Health Symposium
March 3, 2018
Light Hall 2215 Garland Avenue
The Vanderbilt Program for LGBT Health is hosting the first Southern LGBT Health Symposium. We will engage providers and students throughout the region on a variety of topics to better serve sexual and gender minority patients.

2018 Diversity, Equity, and Inclusive Democracy: The Inconvenient Truths
March 22, 2018 to March 24, 2018
The Westin Gaslamp
San Diego, CA 92101

20th Global Nursing Education Conference
March 21-23, 2018
New York, NY

Diversity Abroad Annual Conference
April 7-10, 2018
Miami, FL

2nd Advanced Nursing Science & Practice
April 20-21, 2018
Las Vegas, Nevada

2018 LGBT Health Workforce Conference
May 4-5, 2018
New York, NY

Conference on Diversity and Equity (CDE)
June 24-27, 2018
Marquette University - Milwaukee, WI

National Black Nurses Association
July 31- August 5, 2018
St. Louis, Missouri