

# A-CHATTR: Adult Congenital Access to Timely Referrals

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# **INTRODUCTION**

**Topic**: Adult Congenital Heart Disease (ACHD) patient gaps in care and referrals to a certified ACHD provider

#### **Problems:**

There are gaps in care between visits for CHD patients.

There is a lack of referrals for adult congenital heart patients to an accredited congenital heart center.

#### **Team Members:**

MDs- Primary Care and Cardiologist, Nurse Practitioners, Physician Assistants, RNs, Clinical Directors, Informatics

#### Aim:

To improve referral rates to specialty congenital heart disease care by at least 50% with referrals.

Streamline the referral process when ICD code for CHD is assigned and increase collaborative life-long management strategies

Identify those lost to follow up care and not receiving a referral to a certified specialty congenital provider at an accredited CHD center.

## **Objectives:**

- 1. Improve ACHD referrals to specialty centers
- 2. Provide an algorithm for automatic referrals
- 3. Identify gaps in care from pediatric, teens to adult CHD population.
- 4. Improve the gaps in care for ACHD patient





## **METHODS**

#### PLAN:

Retrospective Chart Review, National Data Registries & Literature Review

Review National Data Registries: Current Gaps in Care Review National Data: Specialty Referrals Received Identify: time gaps between visits

Measure: Automatic referral process improvement in ACHD specialty referral

#### DO:

Data collection: EHR chart review of 30 charts, query for ICD code for CHD, Identify current gaps in care and referral process based on provider assignment of ICD code for ACHD.

Discuss: with stakeholders the need for identifying gaps in care and specialty referrals to certified ACHD providers

#### STUDY:

Data analysis process of National Registries and Literature review statistics. Average of percentages of M/F, Age, SD, Median, IQR of Age Range and months since visit using Frequency table and basic % of referred before and after automatic referral process implemented.

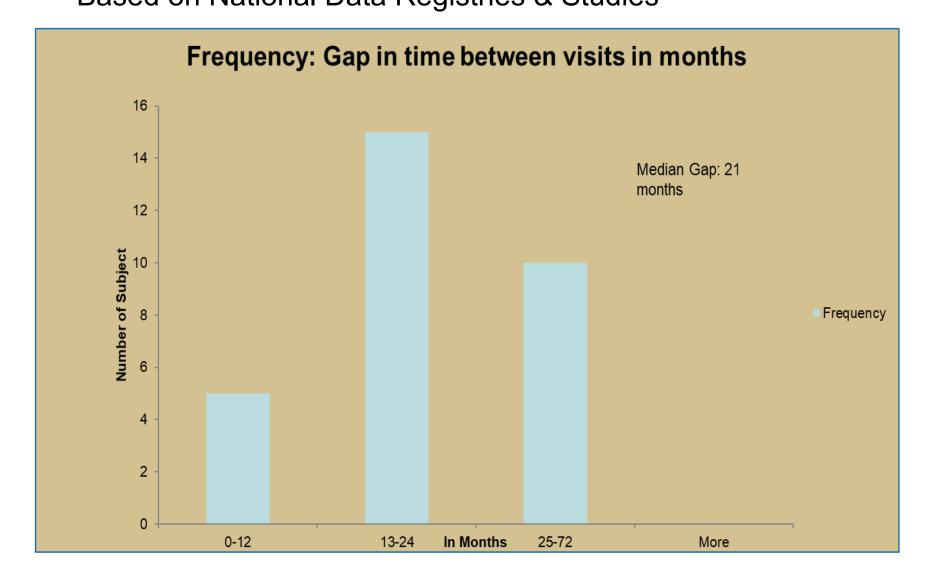
#### ACT:

Adopt >> Based on chart review, literature review and national data there should be an automatic referral process for ACHD patients and tracking of gaps in care. Abandoned >> Based on IRB approval for the QI project MEASURES:

Percentage of ACHD patients receiving referrals to ACHD centers

Number of months between visits

### Based on National Data Registries & Studies



## RESULTS

Characteristics of Subjects. Referral to ACHD Specialty. N= 30. Based on National Data

SEX	N=	%
Female	11	36.6
Male	19	63.3
AGE		
18-29	15	50
30-49	10	33.3
>50	5	16.7
Referred		
Yes	12	40
No	18	60

## IMPLICATIONS FOR PRACTICE

- Evidence shows ACHD patients have improved outcomes with referrals to a CHD centers
- Inform practice settings on referrals to CHD specialties
- Guide future projects and policies, social determinants of health, disparities: zip codes, race, transportation, insurance, etc.
- Identifying gaps in care, Encourage follow up, education on national guidelines, registries and surveillance.
- A template for an algorithmic approach to automatic referral process for patients assigned an ICD-10 code for CHD.

# REFERENCES

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