

## Emotional Intimacy Scale

Consider how well that following statements describe your current experience with your closest friend or family member. Think in terms of the quality of your relationship with this person in answering these items.

	Rarely	A little bit of the time	A moderate amount of the time	Quite a bit of the time	A great deal of the time
1. This person completely accepts me as I am.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. I can openly share my deepest thoughts and feelings with this person.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. I know this person cares deeply for me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. I know this person would willingly help me in any way.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. I feel my thoughts and feelings are understood and affirmed by this person.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>