Kolb Learning Styles (quick assessment)

Under each statement header there are four comments. Each time a comment is true about you, put a slash mark on the section of line that corresponds to your truth in the box. Sections are from end to center where all lines intersect. Do not think hard, just react.

When I need to learn:

I like to see how I feel about it first (CE) I like to just start, do it (AE) I like to think about why (AC) I like to watch and listen before I do it (RO)

I learn best when:

I just trust my hunches and feelings (CE) I work hard to get things done (AE) I rely on logical thinking (AC) I listen and watch carefully (RO)

When I am learning:

I have feelings and reactions (CE) I am usually the one responsible (AE) I tend to reason things out first (AC) I am quiet and reserved until comfortable (RO)

I learn by:

Feeling (CE) Doing (AE) Thinking (AC) Watching (RO)

When I learn:

I get involved (CE) I am active (AE) I evaluate things (AC) I observe (RO)

Which two sections of line do you have the most slash marks on? That answer will determine which quadrant you are part of. For example: If your two busy lines are RO and AC, you are an Assimilating learner style. Look on the link for <u>Learning Styles Descriptions</u> to understand what that means.

