# Pilot Implementation of Sexual Health History Tool with Colleagues in the Nursing Home Setting



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## Introduction

- 81.5% of respondents ages 50 90 years old reported they were currently involved in one or more sexual relationships
- Sexuality is a vital component of caring for individuals holistically and to an individual's quality of life
- Add ageism
- Lack of standardized sexual health history taking neglects a vital portion of caring holistically

#### **Problem**

 Lack of standardized sexual health history taking in the older adult population

#### <u>Aim</u>

 Construction of an effective and efficient sexual health history tool with feedback from colleagues

#### Sexual Health History Tool for Older Adults Demographics 1. Do you identify as □ male, □ female, □ other? 2. Are you 50 years or up? □ yes □ no **Sexual Health History Tool Questions** 1. Are you or have you been sexually active within the past 12 months? a. No. 2. Are/Have you been sexually intimate with $\square$ men, $\square$ women, or $\square$ both? 3. What type of sexual activities do you engage in? $\square$ vaginal $\square$ oral $\square$ anal $\square$ use of toys? 4. Do you use condoms? □ yes, always □ sometimes □ no, not at all 5. Have you ever had any sexually transmitted infection(s)/disease(s) (syphilis, HIV/AIDS, chlamydia)? □ yes □ no 6. When was the last time you were tested for sexually transmitted infections/diseases? 7. Do you want to discuss any sexual well-being issues? a. Discomfort/pain during sex? b. Sexual/Erectile Dysfunction? c. Orgasm achievement? d. Vaginal lubrication? e. Sexual arousal? f. Other:

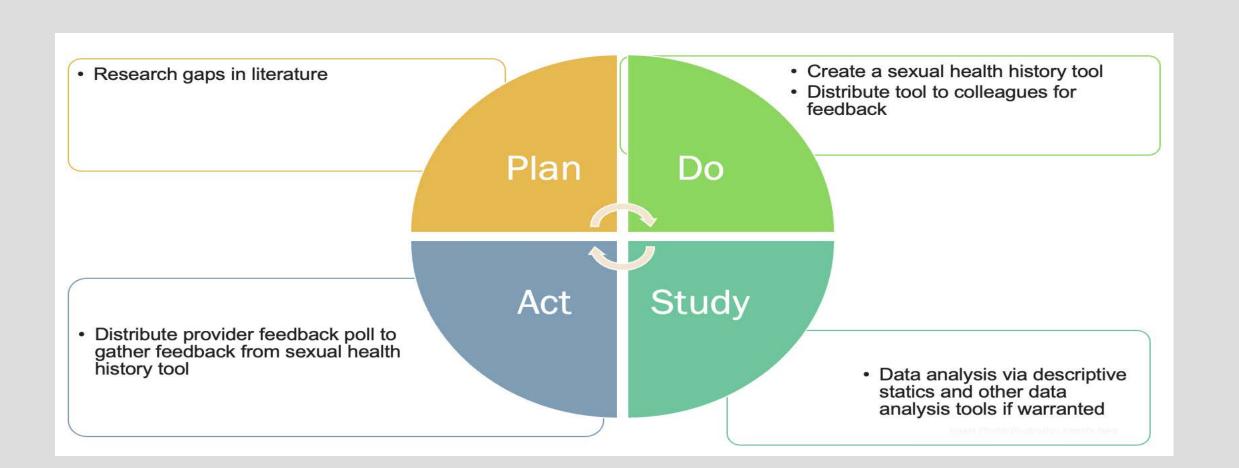
### Methods

Literature review of data surrounding lack of standardized sexual health history taking. A sexual health history tool was created and distributed to colleagues for feedback along with a feedback tool. Reviewed feedback and necessary edits were made.

#### **PDSA**

#### **Measures**

Descriptive Analysis, Descriptive Statistics



Figure\_1.PDSA Cycle

## Results

#### Demographics

- 2 adult –gerotonlogy nurse practitioner both working greater than 10 years in practice
- •2 AGNP's both currently working in LTC/SNF population

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Implications for Practice (Pilot into practice and see how it does post feedback, providers should be more viligent of ageism/bias

# References (Try QR Code)

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